

DEPARTMENTS OF THE ARMY AND THE AIR FORCE OFFICE OF THE ADJUTANT GENERAL CALIFORNIA NATIONAL GUARD

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- 1. "There is nothing to fear, except fear itself", Franklin D. Roosevelt. It was true then and it is true now.
- 2. As trained professionals, we must be the guiding light and lead by example; not only to our junior soldiers, but to our families, neighbors and community. As citizen soldiers, it is our duty to use our military training, discipline and insight to accomplish this unique mission.
- 3. I am sure, that you have also noticed the changes in the people around us. They are more apt to be quick tempered, show higher levels of anxiety, trouble focusing and have difficulty concentrating. This may be caused by their fears of the current world situation.
- 4. Please keep these things in mind at all times, especially while driving: (a) Be extra cautious and alert for "The other guy", (b) Be more patient and understanding with those around you, whether it's a family member or a rude person at the grocery store, (c) And as always, pay attention to your surroundings at all times.
- 5. "DUTY, HONOR, COUNTRY." It is more than just a motto. It's our job.

FOR THE COMMANDER:

Brigadier General

Assistant Adjutant General

DISTRIBUTION:

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